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About Us

The Site is operated and wholly owned by HypnoSteps.com. Contact information: contact@hypnosteps.com

We specialize in the provision of self-hypnosis resources online and offline to assist people in improving their lives. The technique of self-hypnosis is designed to help people achieve self-improvement and personal development by inducing self-hypnosis and offering positive suggestions which allow the client to increase potential for positive changes in habits of thought, feeling and behavior.

We do not provide therapy or counseling, nor provide medical diagnosis. We do not recommend the discontinuance of medically prescribed treatments. We encourage anyone with a medical condition to consult their medical practitioner.

Privacy Policy

We respect your privacy. Your contact information and certain other information about you is subject to our Privacy Policy. By reading these terms you agree that you have read and are in agreement with the Privacy Policy.

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The Site lists and describes a number of self-hypnosis downloads of spoken-word hypnosis script recordings. These downloads may be purchased online by following the simple instructions on the Site. Your purchase of any hypnosis download is subject to confirmation by us and governed by these terms and any other conditions specified on the Site or in emails or other product information from us at the time of purchase.

The Site is intended to help you to benefit from the positive effects of hypnosis to help you in your quest for optimum health and happiness. While hypnosis is known to have achieved exceptional and consistently successful results, it should not be used as a substitute for your doctor's role in monitoring your health. Nothing offered in the Site is intended to diagnose, cure or prevent any disease or disorder of any kind. If you are in any doubt over a health or emotional issue, you should seek the advice of your doctor or professional advisor or therapist. [You must be 18 years of age or have parental consent before using this website, or any of our affiliates' products or services.]

You must always follow all guidelines listed on the Site. When listening to downloaded hypnosis sessions, you must be in a place where you can safely relax and sleep. Never listen to hypnosis sessions while driving or operating machinery, or doing other tasks.

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By purchasing any hypnosis downloads via the Site you shall be entitled to:

- download the hypnosis download as an MP3 file onto a single computer or by any other means agreed between us from time to time;
- save a copy of the hypnosis download onto a CD, tape, mini-disc, MP3 player or onto the hard drive of your computer;
- use the hypnosis download by listening to it for your own personal use in accordance with any instructions given to you by us.

You must not use any content of the Site or hypnosis downloads for any commercial purpose. We reserve the right to suspend the Site at any time for operational, regulatory, legal or other reasons. We may terminate your use of the Site with immediate effect if you breach any of

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Any dealings by you with any third party on or through the Site shall be solely between you and that third party and, so far as permitted by law, we shall not be liable for any loss or damage which you may incur as the result of any such dealings.

Return Policy

We are confident that you will achieve positive benefits by using the hypnosis audio recordings that you purchase when following directions for usage. If you are not satisfied for any reason, you may return an Audio CD within 30 days for a full refund (shipping not included). Due to the nature of fraud on the internet, in relation to music and audio downloads, the purchase of MP3 download recordings may not be refunded.

Directions for Usage:

Please listen to your Hypnosis Audio every day for 3 weeks. Listen in a quiet, comfortable setting, where you will not be disturbed, and can give the recording your full attention. Do not use while driving, operating machinery or performing tasks that require your attention.

Disclaimers

Your use of the Site is at your sole risk. The Site is provided on an "as is" and "as available" basis and we do not guarantee that the Site will be suitable for your purposes and requirements. Nothing in this site or our hypnosis downloads have been audited by regulatory or governmental authorities.

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General Information

These terms constitute the entire agreement between you and us.

Any failure by us to exercise or enforce any provision of these terms shall not constitute a waiver of such provision.

These terms and the relationship between you and us shall be governed by the laws of the United States and any dispute will be decided by the courts of the United States.